



GET THRIVING

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ABOUT US

Mission

To help humans THRIVE, regardless of past or current challenges

Vision

To inspire 1 million+ people to become bold cycle breakers, who rise above their own destructive patterns and inspire others to do the same

Core Audiences

Industry associations

Companies with remote workers

Companies with retention challenges

Non-profit organizations

Survivor / recovery groups

CPTSD / PTSD support groups

WHAT WE OFFER

Keynotes - Workshops - Coaching

Glenn and Adrienne's stories and strategies of moving from surviving to thriving will leave audiences inspired and confident they can find the silver lining in any situation.

By learning to be compassionate toward ourselves and interrupt the patterns that lead to breakdowns, we can break dysfunctional cycles that lead to neglect and abuse of ourselves and others.

Speaker Topics

- Your employees are not OK: Addressing the high costs of hidden stress
- Blue collar blues: Why being tough is NOT enough
- Building resiliency: The benefits of becoming anti-fragile
- Never too late: Finding the courage and conviction to rescue yourself
- Overcoming compassion fatigue: Finding empathy and restoring hope for healing childhood trauma and tragedy

"Glenn and Adrienne are a dynamic duo. Their insights and life stories continually inspire and ignite people toward positive change."

- Gia K., Business Owner

About Glenn

Four years in an abusive foster care home. The 4-engine failure of a 747. Narrowly escaping a mass murder. Growing up in a remote Alaskan village where survival is a constant struggle. These are just a few of the stories Glenn shares with audiences and clients when talking about resilience and mastering your mindset.

Determined to create a better life for himself, Glenn Evans is proof of what's possible. Glenn began his career in the trades (HVAC) and moved up to leadership roles in sales, business, and community positions. In preparation for launching GET Thriving, Glenn became certified as a Positive Intelligence Coach.

Glenn's down-to-earth and heart-felt approach to coaching and speaking resonates with anyone who feels trapped by their past or current situation. He has a passion for teaching others how to thrive through turbulence to create a vibrant, fulfilling life.



About Adrienne

Adrienne has more than two decades of public speaking experience. She has helped 1000s of people find their authentic voice and harness their personal power for business success. When Adrienne met Glenn, she realized that her personal and professional path had prepared her for telling Glenn's story, but also the larger story of how people can transform their life's stories into a hero's journey.

Throughout her career, Adrienne has worked with a variety of clients across multiple industries, from small startups to large multinational corporations. Her background working in male-dominated industries in remote locations like Peru and Kuwait give her a unique perspective on resilience and perseverance.

For audiences large and small, Adrienne's goal is always the same: to provide practical, actionable advice that provides immediate benefit.

